

**Tuesday, March 24<sup>th</sup> Bible Study Notes**  
**Cedarville United Presbyterian Church Facebook Live**  
**Psalm 18**

---

### **Background of Psalm**

- Psalm of David – when the Lord delivered him out of the hand of Saul
- 1 Samuel 8-27 details Saul's kingship, his jealousy of David, and his death
  - Ch 8 – Saul becomes king of Israel (Israel demands a king, despite Samuel's warnings)
  - Chs 9-11 – Samuel anoints Saul, Saul is made king
  - Ch 12 – Samuel warns the people about their disobedience
  - Ch 13 – God rebukes Saul for disobedience
  - Ch 15 – God rejects Saul as king
  - Ch 16 – Samuel anoints David
  - Ch 17 – David and Goliath
  - Chs 18-23 – *Saul tries to kill David multiple times*
  - Chs 24-26 – David spares Saul's life
  - Chs 27-31 – Saul's defeat and death
- During one of times when God saved David in chapters 18-23, he most likely wrote this psalm – God spared his life and he was grateful

### **The Lord is my... (vv 1-2)**

- Strength – using God's strength vs. our own
- Rock – can't be moved
- Fortress – place of safety where enemy can't follow
- Deliverer – the only one who can save us
- Shield – military attire, stands between us and harm
- Horn of salvation – symbol of might and power
- Stronghold – protection
- *Question To Ponder:*
  - *Is it “easier” to try to do things on our own strength vs. submit to God’s leadership, knowing He will help us with whatever He wants us to do?*
  - *What are some words you would use to describe God? (Don’t forget to look at the video of the day, “He Is...”)*

---

---

---

---

## Calling Out To God (vv 3-5)

- God intervened when David was pursued by his enemies
- Only by the Lord's power was David saved

## God's Response (vv 6-15)

- When David called out to the Lord, God came mightily!
- Our view of God is often too small – He's not passive, sitting on a throne in heaven just waiting for us to get there; He is moving! We can't always see it.
- Cherubim = mighty angels
- Strong language = earth trembled and quaked, consuming fire, the Lord thundered from heaven, the voice of the Most High resounded
- *Question to Ponder: Do you believe God is active in our lives today, all-powerful? Has there ever been a time when you've doubted that God is listening to your prayers?*

---

---

## God's Rescue (vv 16-19)

- David felt like he was drowning in the midst of his enemies
- Peter from last night = as he began to sink and cried out to Jesus, Jesus took hold of him. We see that God took hold of David as well
- Though David was saved from his enemies, he still experienced feeling distressed and overwhelmed. Because we live in a fallen world, bad things happen. God isn't absent or uncaring, but He does not arrange our lives so they are all sunshine and roses
- "He rescued me because He delighted in me" – God delights in us. His love for and delight of us is not diminished by the fact we are going through a difficult time in our world right now.
- *Question to Ponder: Do you believe God delights in you, despite your sin and faults? God loves us because we are created in His image and we are His children.*

---

---

## Resources I Used:

- The Reformation Study Bible
- The NIV Life Application Study Bible
- The Wiersbe Bible Commentary